

**LIVE WELL SOUTH TEES BOARD**

A meeting of the Live Well South Tees Board was held on Thursday 25 March 2021.

**PRESENT:** Councillors , D Davison (Co-Chair), M Lanigan (Co-Chair), M Adams, K Boulton, D Gardner, S Kay, J Lowe, M Milan, M Ovens, P Rice, J Sampson, E Scollay, D Tomlinson, L Westbury, J Golightly and B Cooper

**APOLOGIES FOR ABSENCE:** M Smiles, S Butcher, D Fowler, D Gallagher, B Kilmurray, S Page, T Parkinson, C Smith, A Tahmassebi, J Walker and S Johnson

**20/13 WELCOME AND INTRODUCTIONS**

Councillor Davison welcomed everyone to the meeting of the Live Well South Tees Board.

**20/14 DECLARATIONS OF INTEREST**

There were no declarations of interest received at this point in the meeting.

**20/15 MINUTES- 14 DECEMBER 2020**

The minutes of the Live Well South Tees Board meeting held on 14 December 2021 were submitted and approved as a correct record.

**20/16 WHOLE SYSTEM CHANGE BEST START IN LIFE - PRESENTATION AND DISCUSSION**

The Board received a presentation from Kathryn Boulton, Corporate Director of Children and Family Services at Redcar and Cleveland Council on behalf of herself and also Sue Butcher Director of Children’s Services at Middlesbrough Council and Mark Adams, Director of Public Health South Tees. The work of Rebecca Scott from Public Health was also acknowledged by Kathryn Boulton.

The presentation provided an update on the work undertaken so far to develop a Whole System Change for Children and Families and an outline of next steps.

The Board heard that there is a dedicated and passionate workforce and good examples of evidence based practice but we are not seeing rates change on child health profiles at the pace we would like.

The Live Well South Tees Board had previously given a mandate to:

- Focus on PLACE (not organisations)
- Build common purpose (vision, values, common function) across members
- Shared insight and credible strategies
- Mission-driven
- Strong, collaborative System leadership
- Closer connection to communities

The Corporate Director advised that there had been many challenges over the past year including:

- Global Pandemic
- Further inequalities
- Lock down babies Children’s Commissioner Report
- Lack of face to face contact with families
- Responding to the emotional health and well-being of children and families
- Increase in safeguarding concerns

The Board heard that to effect change we need to be focussing on the earliest years and why early years are so important.

- When very young children thrive communities thrive
- From conception stable caring relationships, enriching experiencing and our surroundings shape a child's life course
- Adversity can also shape our bodies and brain development
- Our earliest experiences shape our health as an adult

#### Framing

- How we communicate about the importance of early childhood development is a critical factor
  - Use of metaphors such as - Serve and return; interaction back and forth that builds the brain
  - Overloaded lorry; when parents are over-burdened they struggle to care for their children's needs and how we view this shapes community and services response
  - We need a common language and common understanding to build capacity

The Corporate Director provided an overview of the outcomes of the workshop that had been held:

#### Partnership working

- We need the community as partners from the beginning – engaging community is not a key strength
- On-going strategic buy in is key to success – strategic governance
- A shared understanding and a common language
- Alignment of services could be key – need to be joined up in thinking/delivery
- The development of early years is important for the future of South Tees

#### Dedicated Resources

- Need a focused team – this cannot be done on top of somebody's day job
- Freedom to focus on the early years and develop new ways of working – this is not a quick fix
- Pump prime early years – be smarter with the investment we have, look at resource in the system
- Covid funding
- We need to use evidence informed practice and build on what already works

In terms of achieving collective impact, the considerations and concepts from the feedback session seemed to be:

- Focus capacity on the earliest years – possible development of a centre for early childhood development
- Importance of having the community at the heart and ensuring co-production and understanding what matters
- Building on evidence based approaches – using the brain science and metaphors
- Ensuring effective system governance

The Live Well South Tees Board were asked to commit to:

- Developing a common language across all workforces and the community using the brain science and use of metaphors
- Developing a trauma informed approach across all workforces
- Engaging with the community as partners
- Exploring the development of a centre for early childhood development with shared resources
- Developing system governance for 0-5

AGREED that the recommendations, as presented, were approved.

## **SOUTH TEES WELLBEING NETWORK LAUNCH/ MENTAL HEALTH UPDATE**

Dominic Gardner, Director of Operations at TEWV delivered a presentation to the Board on the South Tees Wellbeing Network Launch and provided a Mental Health Update.

The Director of Operations provided a brief overview of the South Tees Wellbeing Network. It was advised that is a large scale South Tees network, likely in the 1000's, of front line employees/volunteers whose work is to improve the broad wellbeing of South Tees residents.

- Soft Launch – February 4<sup>th</sup> 2021 –
- Over 400 contacts on interim list at present – awaiting formal sign up
- Format and next 12 months mapped out for functions – Currently awaiting GDPR and approvals for I.T. platforms to formally launch the network – Now expected during April/May 2021

It was advised that Formal paper to be submitted to the Live Well South Tees Board once all technical/GDPR approvals given

The Director of Operations then provided the Board with an overview of work currently being undertaken in regards to Mental Health.

The Board was advised that the South Tees Mental Health and Recovery Group's purpose was to identify actions to support system recovery to enhance mental health protective factors and to mitigate the impact of Covid-19 and prevent further harm.

The key actions of the group include:

- Develop a picture of local level mental health need
- Build capacity and capability across our workforce to prevent mental health problems and promote good mental health
- Increase awareness of wellbeing and common understanding and adoption of wellbeing measures
- Increase individual and community resilience
- Support recovery from mental health problems and equip people with social and emotional skills to manage their lives
- To make connections between existing recovery structures and partnerships

### **Resilience**

- Population Resilience - Increase VCS Capacity to provide sustainable mental health and wellbeing support within neighbourhoods and communities (Services to begin recruiting in March / April 2021)
- Investment via Local Authorities into our local voluntary Care Sector (VCS), this investment will be aimed at increasing capacity within existing local community hubs which have been developed by our local authority colleagues.
- The funds will enable our local voluntary care sector partners to embed mental health and wellbeing support into our community hubs

### **Community Mental Health Framework**

- A joined up model; not a focus on the parts
- Delivery of specific aims identified in the NHS long term plan
- Transformation of community mental health care; change not 'more of the same'
- Collectively led by health, local authority and voluntary sector
- Coproduced with our service users, carers and families, a focus on inequalities
- Driven from Place, Locality
- Delivered within the framework of an integrated person centred model

### **Next Steps 2021/22**

#### **January-March**

- Establish governance structures and work streams/ task and finish groups

- Create a strong communication plan
- Have in place coproduction with the intention to evolve this as the programme grows.
- Deliver staff engagement events (updates and question and answers)
- Identify a way forward for the growing peer support workforce
- Allocate funding with each Local Authority for resilience hubs
- Identify baseline measurements (data collection)

#### **April – September**

- Consultation and design phase with identified work streams which have the appropriate infrastructure in place
- Continued engagement with Primary Care Networks (PCN)
- Ensure co-production is representative of the work stream population
- Begin to deliver upon resilience hubs in each local authority area.

#### **October onwards**

- Plan on a page high level vision for each local authority area
- Consultation and sign off
- Understand steps needed to mobilise new model

#### **Crisis Transformation: Developments to date**

- Development of a 24/7 listening services available to all (over 1000 calls per month)
- Development of a Crisis single point of contact and dedicated intensive home treatment teams
- Implemented peer support contract with Humankind (6 apprentices all patient facing)
- Delivered training through the Samaritans to all support workers across crisis services
- Dedicated Psychology lead and focus upon frequent attenders
- Secured NHS England funding 2021-2024 for alternatives to crisis

#### **Next Steps - Crisis Transformation 2021**

- Aims to bridge the gap between community and crisis teams (subcontracted to the VCS) / non-clinical/ person centred model
- This will take referrals from those would not meet the crisis UK triage threshold
- The offer will focus upon both the patient and family and carer offer
- Substance misuse:
  - Each crisis team will sub contract specialist substance misuse providers to co locate a worker within their teams
- Working cohesively to deliver person centred care for each patient we will review pathways into substance misuse providers building upon recent developments with our substance misuse partners
- Peer Workers:
  - We will expand on the current peer worker contract to implement further roles specialising in substance misuse
- BAME Communities:
  - TEWV together with the Voluntary Care Sector will employ a clinical outreach worker
  - This role will build relationships with local communities and aims to set up a network of partners
- Deliver education and awareness of Mental Health Services
- Scope need in terms of access to Mental Health Services
- Scope alternatives to crisis provision
- PCSO neighbourhood patrols
- Pilot to support PSCO's in their neighbourhood patrols with a Mental Health Support worker
- The aim is to build awareness and rapport with local communities to signpost to local Mental Health provision and early intervention in accessing help.
- Support those who we know to be most vulnerable

#### **Inequalities / Prevention**

- Healthwatch – network of community champions to influence development of models / identify and reduce barriers to access

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- Research – Build in mental health findings for COVID community based research to recovery plans and develop a 2<sup>nd</sup> phase including examining the possible contributors to shifting mental health and wellbeing during the pandemic. Approach to Teesside / York University to guide / evaluate impacts of service changes
- Population Health Data – process to develop analysis of community needs to ensure a more tailored offer
- Middlesbrough PCN – Population Health Pilot to assess / improve mental health of people with LTC
- Develop programmes to connect communities to build resilience (South Tees Wellbeing Network one of these programmes)
- Build mental health capacity and literacy across the workforce
- Deliver the Preventing Suicides across Tees (local action plan; support for those affected or bereaved by suicide; Early Alert System and Real time data)

The Board noted the work that has been carried around Mental Health and thanked the Director of Operations for his presentation.

20/18 **TEES SAFEGUARDING ADULTS BOARD - ANNUAL REPORT**

The Tees Safeguarding Adults Board Annual Report had been circulated to the Live Well South Tees Board prior to the meeting for information. Darren Best the Independent Chair of the Tees Safeguarding Adults Board informed Members that the annual report pre-dated Covid and that a planning day had taken place on 11 March 2021 to look at future priorities. Some of the priorities that had been identified included:

- Involving service users and their carers to shape the direction of the Board
- Creating closer links with other partnerships such as the Live Well South Tees Board and Community Safety Partnerships
- Communication and engagement with service users and their carers
- Linking with the Children's Safeguarding Board

The Live Well South Tees Board noted the report.

20/19 **HEALTH AND WELLBEING EXECUTIVE CHAIR'S REPORT ( ASSURANCE REPORT)**

In March 2020, local areas were informed that publication of the Government's approach to the Better Care Fund (BCF) in 2020-21 would be delayed to allow areas to better focus on responding to the COVID-19 pandemic, but that minimal changes would be made for 2020-21.

It was confirmed in December 2020, that areas will not be required to submit BCF plans in 2020-21 but must agree the use of the mandatory minimum funding streams locally and place these into a pooling arrangement governed by an agreement under section 75

The Board were informed that a representative from ICS North East will be invited to attend a future meeting to give an update on the ICS White paper that was published in February 2021.

20/20 **DATE AND TIME OF NEXT MEETING**

TBC